



## Audio Conferences on Dementia Care

Alzheimer's Care Group is hosting several interactive audio seminars focused on person-centered care. Each 90 minutes seminar is complete with written materials you'll receive prior to the session, a question/answer session, a continuing education certificate, and follow up materials. The cost for each seminar is \$47.97. A brief description of each seminar is listed below. [More information](#)

### Understanding the Science of Dementia

**Date:** Wednesday, October 21, 2009

**Time:** Noon CST, 1pm Eastern 90 minutes in length

[Register Here](#) or call us at (317) 218-5111

**Description:** Using Personally Meaningful Activities and Life-Long Roles to ENGAGE Residents and Staff, Prevent Behaviors, and provide joy in the Daily Work of Your Staff.

#### Objectives:

- Review the science of dementia as it relates to behaviors, delirium, and the hierarchy of human needs
- Develop a paradigm shift from needing to "manage" behaviors (after the fact) to believing in the power of the PREVENTION of behaviors
- Implement "personally meaningful days™" that are SUSTAINABLE
- Eliminate resident to resident altercations
- Implement successful "just in time" strategies to daily care that eliminates the battles and restores dignity and respect of the resident/guest

### I Hear You! I See You! Let's Be Great Friends!

**Date:** Wednesday, November 4, 2009

**Time:** Noon CST, 1pm Eastern 90 minutes in length

[Register Here](#) or call us at (317) 218-5111

**Description:** Recognizing that Approach is Really Important to Great Communication, that Residents Need You to Recognize and Validate them, and that Body Language is the Great Communicator.

#### Objectives:

- Review of the science of communication, especially as it relates to really understanding your residents, helping them feel as if they've been "heard", and making them feel safe and secure
- Implement "fresh" techniques to provide *the most important variable* in making residents and guests feel safe and secure -- VALIDATION
- Develop the 5 critical BODY LANGUAGE SKILLS for great communication and approach with residents, guests, and fellow employees

[www.AlzCareGroup.com](http://www.AlzCareGroup.com)

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- Use at least five proven vocal/verbal COMMUNICATION TECHNIQUES, such as cueing, forced-choice questions, redirection, and others

## **How Homelike is Our Home? Let's Not Settle for Mediocrity**

**Date:** Wednesday, November 18, 2009

**Time:** Noon CST, 1pm Eastern 90 minutes in length

[Register Here](#) or call us at (317) 218-5111

**Description:** Dispelling Myths and Old, Tired Methods of Creating a Homelike Environment - and Focusing on What Really Makes a Difference for Residents, Guests, Families, and Staff

### **Objectives:**

- Review environmental research to understand the real purpose behind a prosthetic, homelike environment
- Understand the nine most important areas in a center or community for improving safety, security, and resident/guest functional abilities
- Determine your center's specific plan for an environment that would foster abilities, create safety and security, and make the days and nights go better
- Be able to talk in dollars and return on investment to your managers, in order to gain approval for expenses

## **Activities as a Pathway Towards Personally Meaningful Days**

**Date:** Wednesday, December 2, 2009

**Time:** Noon CST, 1pm Eastern 90 minutes in length

[Register Here](#) or call us at (317) 218-5111

**Description:** Using Personally Meaningful Activities and Life-Long Roles to ENGAGE Residents and Staff, Prevent Behaviors, and provide joy in the Daily Work of Your Staff

### **Objectives:**

- Understand how to develop a complete social history and understand the importance for honoring past roles and identities.
- Understand how to see clearly how the environment, traditional activities, and lack of personally meaningful engagement are the real instigators of stressful behaviors, and then use a new lens to visualize the pathway to behavior prevention.
- Understand how to create personally meaningful programs in 5 “do-able” steps, which result not only in the prevention of stressful behaviors, but in a culture enhancement toward “family taking care of families.”

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## **The Joy in Care giving**

**Date:** Wednesday, December 16, 2009

**Time:** Noon CST, 1pm Eastern 90 minutes in length

[Register Here](#) or call us at (317) 218-5111

**Description:** Using techniques that recognize that personal care is an intimate experience and focus on providing a comforting experience rather than tedious/overwhelming tasks.

- Review the common concern of the time involved in completing activities of daily living (ADLs) leaving little time for creating pleasurable experiences with residents and their families and the impact this has on quality of life.
- Participants will learn “care partnering” – a series of techniques to help people with dementia initiate self care, maintain autonomy by adapting tasks to retained abilities, and experience care with dignity, all while increasing the time available for more pleasurable and meaningful activities.

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