

Professional Dementia Caregiver Certification



Alzheimer's Care Group



These days, nearly 60% of all nursing home, assisted living, hospice, and home care residents have a diagnosis of dementia. This number is expected to grow exponentially with the aging of the Baby Boomer population. Care for people diagnosed with dementia, and for their families, requires that the caregivers be trained not only in the science of dementia and in the psychosocial aspects of the disease, but also in techniques to communicate effectively, engage the residents in personally meaningful activities, promote safety and security, and relieve stress and anxiety.

The **Certified Dementia Caregiver Program** provides 42 hours of training and the assessment of skills for Alzheimer's / Dementia program directors and caregivers who are in regular direct contact with residents of long-term care facilities and home care / hospice agencies. The full or partial program is available at your location or ours, and the price is available by contacting us. A limited number of scholarships are available.

Certification is granted following completion of the courses, application for examination, and the successful completion of a written examination demonstrating skills required of a **Certified Dementia Caregiver**. Participants must successfully complete the examination within one year of the completion of the program courses.

About the **Certified Dementia Caregiver Courses**:

Program courses have been developed with best practices from a variety of professionals across the discipline. The courses meet all known and applicable state requirements as of the date of this brochure. **Courses are offered in several locations around the state.** For information on the availability and convenience of bringing the courses to your specific healthcare company, please contact the course providers listed on the outside of this brochure. Likewise, to discuss specific state training requirements, please contact the course providers listed on the outside of this brochure.

The Certified Dementia Caregiver Program

The Effective Alzheimer's Program Director

Five Hours

This course is designed to teach program directors how to effectively operate a dementia care program. Participants will be able to design person-centered and meaningful ways to reduce and/or eliminate stressful behaviors, design daily staff mentoring programs to reinforce best practices, create a plan to sustain results, understand applicable regulations and administrative practices, develop a community outreach program, and design effective care plans.

Understanding the Science of Dementia

Four Hours

This course will provide caregivers with the necessary understanding of dementia to provide person-centered care. Participants will understand the different diseases that cause dementia, the progression of dementia, care strategies, and the role of family support.

The Joy in Caregiving

Four Hours

Often staff members are concerned that the time involved in completing activities of daily living (ADLs) leaves little time for creating pleasurable experiences with residents and their families. Participants will learn “care partnering” – a series of techniques to help people with dementia initiate self care, maintain autonomy by adapting tasks to retained abilities, and experience care with dignity, all while increasing the time available for more pleasurable and meaningful activities.

Behavior Prevention

Four Hours

In this course participants will learn to focus on behavior prevention rather than behavior management. Topics covered include person-centered care, root cause analysis, problem solving techniques, understanding the importance of social history and life roles, and best practices for meaningful engagement and ADL care.

Personally Meaningful Activities

Five Hours

Understand the impact of personally meaningful days. Topics covered include the learning how to obtain a complete social history, the importance of roles and identities, how to adapt retained abilities to engage in past roles and identities, tools to help a program become sustainable, restorative programs, and interactive activity kits and stations.

How Homelike is Our Home?

Four Hours

Residents are safer and more secure in a homelike environment. During this course participants will review environmental research to understand real purpose behind a prosthetic, homelike environment. Topics covered include understanding the difference between the traditional nursing environment and a homelike environment, determine a center's specific plan for an environment that will foster abilities, create safety and security, and make the days and nights better.

Designing Sustainable Dementia Care

Eight Hours

During this course participants will understand the components vital to a dementia program in long term care. Topics covered include understanding regulations specific to dementia care, developing care partnerships, retention of staff, developing an annual budget, communicating with families and the community, developing community outreach, educating families and the community, and understand the family dynamics.

The Medical Model of Care in an Alzheimer's Center

Four Hours

During this course participants will be able to understand the holistic approach to care for people with dementia. Topics covered include age-related changes, sensory changes and their impact on care, medication use and its impact on the person with dementia, consultation with physicians and psychologists, best practices in nutrition and hydration.

Care Planning and Documenting a Quality Program

Four Hours

From this course, participants will be able to design person-centered care plans, document evidence of care and issues, understand industry-specific documentation requirements, and use documentation to further plan care.

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The mission of Alzheimer's Care Group is to provide superior, personalized service to our customers who provide care to people diagnosed with dementia, foster growth and development, and be a good steward in the communities we serve. We are committed to:

- clearly understanding what matters to our clients – what makes a difference
- articulating and then implementing strategies that create success for our customers
- determining and reinforcing best practices in dementia care and culture change
- delivering practical and meaningful strategies to good people caring for good people diagnosed with dementia

For more information about our *Nationwide Services*:

www.AlzCareGroup.com

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