

DO YOU KNOW?

Alzheimer's Disease: Common Behaviors

Wandering

Rummaging

Not Sleeping

INTERVENTION

Reassure

Redirect

Provide
Movement
& Exercise

Engage him/her in personally meaningful and familiar activities throughout the day.

- Find out why.
- Is the resident hungry, bored, or in need of companionship?
- Does she need to toilet?
- Install a rummaging dresser or chest in an easy-to-see common area, stuff it with scarves, beads, etc. for safe and expected rummaging.

